# Trauma Protocol

# **Thoracic Injuries Adult & Pediatric**

### EMT/ADVANCED EMT STANDING ORDERS

- Routine Patient Care.
- If in shock, see Shock Traumatic Protocol 4.4.
- Impaled Objects:
  - Secure in place with a bulky dressing.
- Open chest wound:
  - Cover with an occlusive dressing or use a commercial device; if the patient's condition deteriorates, remove the dressing momentarily, then reapply.
- Flail segment with paradoxical movement and in respiratory distress:
  - Consider positive-pressure ventilation.
  - Do not splint the chest.
- Consider Air Medical Transport.

# **PARAMEDIC STANDING ORDERS - ADULT**

- Consider pain management, see Pain Management Protocols 2.15.
- In presence of tension pneumothorax\*, perform needle decompression using 14 – 16 gauge ≥ 3.00 inch angiocath. Repeat decompression may be necessary with returned signs of tension pneumothorax.

### PARAMEDIC STANDING ORDERS - PEDIATRIC

- Consider pain management, see <u>Pain Management Protocols 2.15</u>.
- In presence of tension pneumothorax\*, perform needle decompression using 14 – 16 gauge ≥ 2.00 inch angiocath. Repeat decompression may be necessary with returned signs of tension pneumothorax.

# \*Signs and symptoms of Tension Pneumothorax:

- Asymmetric or absent unilateral breath sounds
- Increasing respiratory distress or hypoxia
- Increasing signs of shock including tachycardia and hypotension
- JVD
- Possible tracheal deviation above the sternal notch (late sign)

## PEARLS:

Needle decompression sites, as trained:

- 2<sup>nd</sup> intercostal mid clavicular.
- 4<sup>th</sup> to 5<sup>th</sup> intercostal anterior axillary.