

Clinical Updates in Pediatric Practice 2020

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Development
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Friday, January 17, 2020

Location:
Dana Health Education Center
Auditorium
Maine Medical Center
Portland, Maine

OEC
Outreach Education Council



Clinical Updates in Pediatric Practice

Overview:

The achievement of excellence in pediatric health care practices and patient/family outcomes requires on-going knowledge and implementation of evidence-based practices.

The goal of this program is to explore contemporary practices related to the care of children with behavioral health challenges or chronic illnesses and to provide evidence-based information and tools for learners to incorporate into their own pediatric practices.

Target Audience

Pediatric nurses and healthcare providers caring for children in a variety of settings

Learning Outcomes:

As a result of participating in this educational activity, the learner will identify strategies to enhance care of children with behavioral health challenges within their pediatric practice setting.

Objectives:

- Describe diagnostic features of autism spectrum disorder
- Identify strategies to improve hospital stays for youth with autism spectrum
- Review the Child Life Assessment Process when supporting patients and families in a medical environment
- Explore unique and individualized accommodations or approaches to providing pediatric care in the medical setting
- Discuss challenges of care planning in the absence of local resources
- Identify professional support opportunities for care management via technology
- Describe the benefits and impact of behavioral health screening on inpatient pediatric units
- Utilize the electronic medical record for enhanced behavioral health screening in the pediatric population
- Identify factors that increase risk for Child Sex Exploitation (CSE)
- Utilize techniques for broaching the subject of CSE with patients
- List four resources to supplement clinical care for victims of CSE
- Apply critical thinking within a case study to problem solve common issues that arise during inpatient stays for medically complex patient

Friday, January 17, 2020

- 7:15 AM **Registration & Continental Breakfast**
- 8:00 AM **Welcome & Opening Remarks**
Deborah A. Johnson, MSN, RN-BC
Faye Weir, DNP, RN-BC, NEA-BC
- 8:15 AM **Autism- Basics, updates, & tips for hospital management**
Matthew Siegel, MD
- 9:15 AM **Supporting Children with Behavioral Health Needs**
Cara Graneto, MS CCLS
Bethany Sweet, MS CCLS
Rachel Crisco, MA CCLS
- 10:15 AM **Break**
- 10:45 AM **Communication, Coordination, Collaboration- from Kittery to Caribou**
Mary McNulty, MSN RN CCM
Elaine Mullin, MS BSN
- 11:45 AM **Pediatric Behavioral Health Screening**
Roslyn Gerwin, DO
Robyn Ostrander, MD
- 12:45 PM **Lunch**
- 1:45 PM **Treating the Unthinkable: Child sex exploitation in the United States and challenges for healthcare providers**
Amanda L. Blake, BSN RN, SANE-A, SANE-P, ME-SAFE A/P
- 2:45 PM **Navigating Complex Care in Pediatrics: An interactive case study approach**
Sherryann St. Pierre, MSN RN CNL CPN
- 3:45 PM **Wrap Up**
- 4:00 PM **Adjourn**

Maine Medical Center is available to assist persons having specific needs relative to participation in this program. If you need ancillary aids for effective communication at the program & to ensure availability, make your request by calling 662-2290 prior to January 18, 2019

Faculty

Faculty & Program Committee

* Maine Medical Center/Maine Medical Partners
faculty unless noted

Matthew S. Siegel, MD

Child & Adolescent Psychiatry

Director of Developmental Disorders Program, Maine
Behavioral Healthcare

Cara Graneto, CCLS; Bethany Sweet, CCLS; & Rachel
Crisko, CCLS
Child Life Specialists

Mary McNulty, MSN RN CCM

Senior Director, Care Management & Interpreter
Services

Elaine Mullin, BSN RN

Manager of Population Health, Maine Medical
Partners

Roslyn Gerwin, DO

Child & Adolescent Psychiatry

Medical Director, Pediatric Psychiatry Consultation
Service, Barbara Bush Children Hospital

Robyn L. Ostrander MD

Child & Adolescent Psychiatry

Associate Chief, Department of Psychiatry

Amanda L. Blake, BSN RN, ME-SAFE A/A, SANE A,
SANE P

Advance Practice Sexual Assault Nurse Examiner
Program- Regional Coordinator
University of New England

Sherryann St. Pierre, MSN RN CNL CPN
Clinical Nurse Leader

Accreditation



Maine Medical Center Department of
Nursing is accredited with distinction as a
provider of continuing nursing education
by the American Nurses Credentialing
Center's Commission on Accreditation.
Contact hours: 6.25

Maine Medical Center is accredited by the Maine
Medical Association's Committee on Continuing
Medical Education (CME) to physicians. Maine
Medical Center designates this educational activity for
a maximum of 6.25 AMA PRA Category I
Credit(s)[™]. Physicians should only claim credit
commensurate with the extent of their participation in
the activity

Box Lunch

To order box lunch ✓ choice: (\$7.50/lunch)

- ☐ Turkey Wrap with mayo, lettuce, tomato
- ☐ Tuna Salad Sandwich with lettuce, tomato
- ☐ Garden Salad w/greens, cherry tomatoes,
sliced cucumbers, green pepper, 1 egg

- ☐ Ham Italian w/cheese, green peppers,
tomatoes, pickles & black olives

* Chips, Cookie, and bottled water

Fees

➤ OEC Members (*see below listing)

Nurses/Allied Health: \$40.00

Physicians: \$80.00

Add \$7.50 for box lunch

➤ Maine Medical Center Employees

Exempt from registration fees due to MMC
sponsorship

Add \$7.50 for box lunch

➤ Non OEC Members

Nurses / Allied Health: \$100.00

Physicians: \$140.00

Includes box lunch

[Click here to register](#)

* Outreach Education Council

(Staff employed by member institutions listed below)

Central Maine Medical Center

Eastern Maine Medical Center

LincolnHealth

- Miles Memorial Hospital

- St. Andrews Hospital

MaineGeneral Medical Center

Maine Medical Center

Memorial Hospital, North Conway

Mercy Hospital

Mid Coast – Parkview Health

Penobscot Bay Medical Center

Southern Maine Health Care

- Biddeford Medical Center

- Sanford Medical Center

Stephens Memorial Hospital

St. Mary's Regional Medical Center

VAMC, Togus

York Hospital