

2.24

Syncope Adult & Pediatric

EMT STANDING ORDERS

E

- Routine Patient Care.
- Maintain oxygen saturation $\geq 94\%$.
- Attempt to determine the cause of syncope.
- Perform cardiac monitoring; obtain 12-Lead EKG. If acute coronary syndrome is suspected, refer to [Acute Coronary Syndrome Protocol 3.0](#).
- Obtain blood glucose analysis; refer to [Hyperglycemia 2.8 A&P](#) or [Hypoglycemia 2.10 A&P Protocols](#), if indicated.
- Assess for signs/symptoms of trauma if related or from fall associated with syncope; refer to [Spinal Injury Protocol 4.5](#) if indicated.
- Prevent and treat for shock; see [Shock- Non-traumatic 2.21](#) or [Shock - Traumatic Protocol 4.4](#).
- Consider ALS intercept.

ADVANCED EMT STANDING ORDERS

A

- Consider fluids per [Shock – Non-traumatic Protocol 2.21](#).

PARAMEDIC STANDING ORDERS

P

- Observe for and treat dysrhythmias as indicated.

Medical Protocol 2.24

PEARLS:

- Syncope is defined as a loss of consciousness accompanied by a loss of postural tone with spontaneous recovery.
- Consider all syncope to be of cardiac origin until proven otherwise.
- While often thought as benign, syncope can be the sign of more serious medical emergency.
- Syncope that occurs during exercise often indicates an ominous cardiac cause. Patients should be evaluated at the ED. Syncope that occurs following exercise is almost always vasovagal and benign.
- Prolonged QTc (generally $>500\text{ms}$) and Brugada Syndrome (incomplete RBBB pattern in V1/V2 with ST segment elevation) should be considered in all patients.

- There is no evidence that supports acquiring orthostatic vital signs.
- Syncope can be indicative of many medical emergencies including:

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| ○ Myocardial infarction | ○ Poisoning/drug effects |
| ○ Pulmonary embolism | ○ Dehydration |
| ○ Cardiac arrhythmias, | ○ Hypovolemia |
| ○ Vaso-vagal reflexes | ○ Seizures |
| ○ Diabetic emergencies | ○ Ectopic pregnancy |

Burgada sample

