# **Tracheostomy Care**

## EMT/ADVANCED EMT STANDING ORDER - ADULT & PEDIATRIC

#### INDICATIONS

 An adult or pediatric patient with an established tracheostomy in respiratory distress or failure.

#### **PROCEDURE**

- Consult with the patient's caregivers for assistance.
- Assess tracheostomy tube: Look for possible causes of distress which may be easily correctable, such as a detached oxygen source.
- If the patient's breathing is adequate but exhibits continued signs of respiratory distress, administer high-flow oxygen via non-rebreather mask or blow-by, as tolerated, over the tracheostomy.
- If patient's breathing is inadequate, assist ventilations using bag-valve-mask device with high-flow oxygen.
- If on a ventilator, remove the patient from the ventilator prior to using bag valve mask device as there may be a problem with the ventilator or oxygen source.
- Suction if unable to ventilate via tracheostomy or if respiratory distress continues.
- Use no more than 100 mmHg suction pressure.
- If the tracheostomy tube has a cannula, remove it prior to suctioning.
- Determine proper suction catheter length by measuring the obturator.
- If the obturator is unavailable, insert the suction catheter approximately 2-3 inches into the tracheostomy tube. **Do not use force!**
- 2 3ml saline flush may be used to help loosen secretions.
- If the patient remains in severe distress, continue ventilation attempts using bag valve mask with high-flow oxygen via the tracheostomy. Consider underlying reasons for respiratory distress and refer to the appropriate protocol for intervention.

## PARAMEDIC STANDING ORDERS - ADULT & PEDIATRIC

## **INDICATIONS**

- An adult or pediatric patient with an established tracheostomy, in respiratory distress or failure where EMT and Advanced EMT tracheostomy interventions have been unsuccessful.
- Dislodged tracheostomy tube.

### CONTRAINDICATIONS

None.

## PROCEDURE:

- If the patient continues in severe respiratory distress, remove tracheostomy tube and attempt bag valve mask ventilation.
- If another tube is available from caregivers, insert into stoma and resume ventilation (a standard endotracheal tube may be used or the used tracheostomy tube, after being cleaned).
- If unable to replace tube with another tracheostomy tube or endotracheal tube, assist ventilations with bag valve mask and high-flow oxygen.



